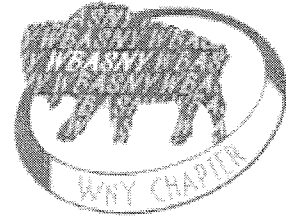


WBASNY
WOMEN'S BAR ASSOCIATION
of the STATE OF NEW YORK



SELF DEFENSE CLASS

- WHERE:** TRAINING EDGE
8200 Main Street
Williamsville, New York 14221
- WHEN :** FRIDAY, MARCH 12, 2010
AT 7:00 P.M.
(Please arrive at 6:30 p.m.)
- PRICE :** \$15 – Members
\$20 - Non-Members
- RSVP :** Space is limited, you must RSVP to participate! Maximum Capacity: 50
First Come, First Serve Basis
Jennifer Scharf
jrs@connors-vilardo.com
(716) 852-5533

****Please wear sneakers and work-out gear!**